

# A LETTER FROM MASH ABOUT BLISTER PACKING

Dear Families,

The MASH team is once again starting to get ready for camp and we cannot believe that it is just around the corner. Each year we aim to provide exceptional health management for each of your children while they are at camp.

Some of your children might be coming to camp this summer with medications. The MASH staff look for the best possible way to manage your child's medication while at camp and this summer we are once again asking to have your child's oral medications that are in pill, capsule, or caplet form pre-packaged in "Bubble Packs" or "Blister Packs" by your local pharmacy in advance of their arrival in camp. All medications of any type must be clearly labeled with your child's name, the Physician's name, the name of the medication, and the required dosage. This assures that the medications your child must take are delivered as efficiently as possible to get your child back to the activities of camp and to allow us to track and double check that your child has received his/her medication. Our goal is always to bring the best possible health care to campers and staff at Camp Walden.

Most local pharmacies will provide this service to you if you have the medication dispensed at that pharmacy.

Thank you once again for supporting MASH at Camp Walden. We look forward to meeting you this summer at the buses or on Visitor's Day. If you have any questions, please feel free to contact us at [office@campwalden.ca](mailto:office@campwalden.ca).

Sincerely,

Heather Clifford & Roberta Cole  
Health Coordinators  
Camp Walden